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Inspiring ideas to spark minds and bust boredom

Indoor, Outdoor, Anywhere Fun

During the last couple months you might have played a gazillion Uno games and built every possible version of Hogwarts out of Lego pieces with your children. If you need fresh ideas for family fun, try these kid-pleasing activities you can do in your home or yard.





{ Play it INDOORS

SPIN MASTER

Create something entirely new from that old boardgame that left your kids a little, well, bored. Just take the spinner from a game like Chutes and Ladders or the Game of Life and grab some paper, a pencil and a timer. Then assign a **Hatha yoga pose** (such as cat pose, downward dog, or warrior pose) to each number or color on the spinner. Take turns spinning and have everyone hold the chosen pose as long as they can.

BALLOON VOLLEYBALL

The best way to play an outside game indoors without breaking all the furniture? Use a balloon instead of a ball! Your kids can play **Volleyball** using a couch or chair as the "net" and a blown-up party balloon as the ball. If you've got a solo kid, no problem — challenge him to hit the balloon, then dash to the other side and hit it again before it touches the ground, seeing how long he can keep the volley going. (Just keep uninflated balloons away from kids and pets, and discard all broken pieces once balloons pop... as they will!)

PILLOW FIGHTS

The thought of your kids waloping each other with abandon may be slightly terrifying, but there is a safe way for that to happen. Use the softest pillows you've got (the squishiest the better) and make sure kids aren't on the bed, so they don't crash onto the floor.



fast fun

SEE WHO CAN KEEP TWO BALLOONS
IN THE AIR THE LONGEST. FOR A REAL
DOSE OF SILLINESS, ADD A THIRD!